

Alternative Medicine

The CIGNA HealthCare program for Maricopa County

The CIGNA HealthCare program for Maricopa County employees and dependents participating in the CIGNA HealthCare benefit plan includes a special benefit for alternative medicine services. This in-network benefit offers up to twenty (20) visits (without a referral) per plan year to a CIGNA HealthCare designated alternative medicine network. The following information describes the covered alternative medicine services benefit and how to access these services.

What is Alternative Medicine?

Alternative Medicine encompasses a broad spectrum of services not generally performed or practiced within conventional medicine. The alternative medicine services benefit under your CIGNA HealthCare benefit plan includes coverage for certain, but not all, types of alternative medicine treatment and services.

Covered Services

Covered Alternative Medicine Services include only those services described in the CIGNA HealthCare benefit plan as generally summarized to the right, which are provided in-network by a Designated Alternative Medicine Center. Coverage is limited to twenty (20) self-referral visits per contract year for all plans. Your Primary Care Physician (PCP) copay is required at each of the twenty (20) self-referral visits. Under the CIGNA HSA plan, you will have to meet your deductible and then services will be paid at the coinsurance level.

Where are Services Provided?

Alternative Medicine Services are covered under your plan when provided or performed at Designated Alternative Medicine Centers (facilities with doctors and practitioners with which CIGNA HealthCare has contracted to have Alternative Medicine Services provided). Alternative Medicine Services provided to a participant by a facility, doctor, or practitioner that is not a CIGNA HealthCare Designated Alternative Medicine Center will not be covered or reimbursed.

Please see your CIGNA Healthcare benefit plan for specific detail on covered expenses and exclusions.



Covered Services

- Physical Medicine
- Acupuncture/ Acupressure
- Massage Therapy
- Homeopathic Consultation
- Biofeedback/Guided Imagery
- Herbal/Homeopathic or Natural Products as dispensed in conjunction with an office visit at a Designated Alternative Medicine Center not to exceed \$60 retail value for all products combined per plan year.

Not all services will be available at all locations

How to schedule an appointment

To schedule an appointment, contact a health care professional listed below.

Cigna Medical Group North Valley Medical Office

710 W. Bell Rd.
Phoenix, AZ
602.588.3800

Brad Lawrence, MD

Cigna Medical Group Gilbert Medical Office

4001 E. Baseline Rd., Suite 107
Gilbert, AZ
480.632.4060

Samuel Balk, MD

Cigna Medical Group Scottsdale Norte Medical Office

10900 N. Scottsdale Rd., Suite 606
Scottsdale, AZ
480.368.2500

Deborah Baldemor, MD

Naturopathic Family Care

13832 N. 32nd Street
Phoenix, AZ 85032
602-493-2273

Jesika DiCampi, N.M.D.

Ross Kerievsky, N.M.D, D.C.

Marianne Marchese, N.D.

Marie Niechwiadowicz, N.D.

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Jonathan Psenka, N.M.D.

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Independent Providers

Dr. Abraham Kuruvilla, M.D., N.D.
5825 E. Calle Guadalupe
Guadalupe, AZ 85283
480-344-6000

Southwest Naturopathic Medical Center

2164 E. Broadway Road
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CMG does not participate in all health plan networks. If CMG is a participating provider in your health plan network, applicable copayments, coinsurance and deductibles will apply to covered services. Special CIGNA Medicare Part D rules apply

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